

Wellingore & District u3a

OCTOBER 2026

Notes from the Chair, Adam Paxton.



It's been a long hot summer, but now, although it's still very warm the nights are drawing in and we must start thinking about the winter to come. As Autumn and Winter appear we must all look to the fellowship of the U3A to keep us warm and busy. It's worth spending a few moments looking around at those we know who might be vulnerable and at ourselves and whether we might have vulnerabilities, and plan contingencies in case of problems both for them and for ourselves. The U3A will provide an opportunity for

social interaction through its meetings and groups, and an opportunity to occupy our minds when the outdoors is less available to us.

I'm sorry to have missed the AGM. I was away in Anglesey walking the Isle of Anglesey Coastal Footpath, 150 miles in 14 days. Despite it being Wales the weather held and we only had one day of rain the whole time. Anglesey is an island in two parts: the North and West is a rugged remote coastline while the South and East is more a coast of amazing sandy beaches, dunes and forest. The rocky north looks out on the Liverpool shipping lanes and Anglesey has an extensive history of shipwrecks on its coastline from boats lost in storms, one of the worst being the "Royal Charter" on the 26th October 1859. The ship broke free from its anchors in a hurricane and was wrecked on the rocks off Moelfre. 450 people lost their lives and wreckage and bodies were strewn along the shoreline the next day.

The "Gogs" (North Welsh) have a reputation for being a stern hardy bunch but throughout the walk our welcome was warm and hospitable. Fortunately, our trip was curated by a local company who moved our luggage from place to place and organized our accommodation. My bones are too old to endure the hardships of camping and lugging all my luggage on the way.

There is some discussion amongst committee members (and others) of starting a "Mens" group along the lines of the "Man Shed" organization.

If you are interested and/or have views on the subject please speak to me (and volunteer?).

Look forward to seeing you all in October

Monthly Meeting

Place: Wellingore Memorial Hall.

Date: Wednesday 14th October 10:30am

Speaker: Roland Johns: Emergency Blood Bikes

Tea & Coffee available from 10am.

Visit us at: www.wellingore.u3asite.uk

Facebook@wellingoreu3a

SPEAKER SCHEDULE 2026

Every 2nd Wednesday of the month at Wellingore Memorial Hall.

November: Jason Middleton: The Pearl – a famous gemstone with a fascinating history from early civilisations to the pearls found in jewellery today.

December: John Campbell: Close Encounters of the Ecclesiastical Kind

January: Paul Lillie: The Beatles

February: Horace Liberty -The Life and Work of John Betjeman

March: Charles Hanson - Antiques

April: Paul Robinson: Cold War-Hot Wars - Bomber Command in the Post-War Period

May: Dr Abby Gillespie: Understanding Memory, Cognitive Health & Capacity

June: Dave Pinion - My Amazing Journey to Antarctica

Interest Group News

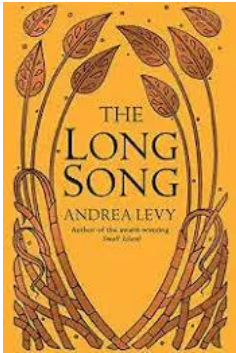
Board Games Group

As I am away in October there is only one meeting on Tuesday 27th from 2-4pm at 3, Bronze Henge, Navenby.

New members welcome.

Contact Brenda Dandy if you require any information.

Book Group 1



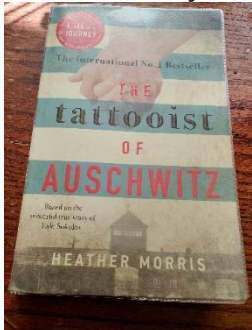
Our next meeting will be on 8th October at The King's Head at 6pm. We'll be discussing "The Long Song" by Andrea Levy.

Please remember to come with suggestions for our next book choices, as we're hoping to plan well in advance.

Contact Helen Gibb

Book Group 2

Our next meeting will be on Monday 19th October at 3.15 pm in Navenby Methodist Hall.



Our Book choice from Lincoln Library will be "The Tattooist of Auschwitz" by Heather Morris.

This is based on the true story of Lale Sokolov.

£2 includes hire of the Hall, tea and biscuits.

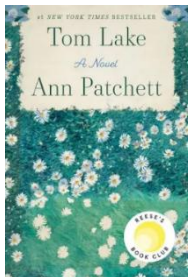
I now have a waiting list as our group is fully subscribed.

Happy Reading!

Kathy Blake

Book Group 3

This month we are reading: "Tom Lake" Ann Patchett.



We are choosing our own books from members suggestions, which means that each person has to source their own copy i.e. either buy them – on kindle/physical(new or second hand) or order them from the library.

We normally meet on the 2nd Monday of the month 2-4pm, for the time being at some members homes.

Our next meeting is Monday 12th October at the home of Jennifer Kingsley-Jones. If you wish to know more details, please contact me, Celia Goldberg.

Heads-Up – CHRISTMAS MEETING

There are only 2 monthly meetings before then and we're on the scrounge for raffle prizes. If you have any superfluous gifts, or bottles of Chateau Mouton Rothschild 2022 collecting dust, we would welcome them, if you could bring them to the October/November meetings.

We shall be following the same format in December as in the previous 2 years and providing a light lunch and glass of fizz before the Speaker.

You have been very generous in the past supporting us with prizes for the raffle and we will be making up hampers including vouchers from local retailers.

Craft Group

The next meetings will be on October 1st and November 5th from 2-4 pm at Coddington.

Contact Gloria Hill for further information.

Discussion Group

The Discussion Group will meet at Oslo House, Wellingore, with the kind permission of Jean Salmon, on Monday 26th October at 2.30pm. The discussion will be: "In recent years, it has become common to see various people undertaking heroic tasks in support of friends who have suffered brain injuries through heading the ball during football, head contact in rugby and brain damaged boxers. Now, bare knuckle fighting is becoming popular with an even greater risk of damage. Should these sports be banned or modified to limit risk? If not, what is your solution?"

New members are welcome.

For further details contact Corrine Morris.

Film Group

Due to holidays etc. we haven't had any film clubs this month - however we will have seen "Pressure" by the time you read this - it has very good reviews so I am looking forward to it.

If you wish to join the Film Club email list, please contact Celia Goldberg.

All Things Gardening

All Things Gardening will meet at 2:30 pm on Tuesday 27th October at the Methodist Hall in Navenby.

Further info from Denise Amps.

Kurling

Wellington Memorial Hall – Friday 10am – 12noon.

Come along and try it, nothing ventured, nothing gained. There is a minimal charge to cover the cost of the hall. There's tea/coffee, biscuits, a chat and a laugh.

Dates for October are the 9th and 23rd.

Contact Brenda Dandy.

History Group

We have no organised visits at the moment for the History Group, but members might be interested in an exhibition of Mary Queen of Scots at Peterborough Cathedral running from 21st September until 15th November. Full details on the cathedral website.

Please contact Liz Salmon or Ingrid Alsop if you would like to join the group.

Luncheon Club

The next lunch will be held on Wednesday 21st October at The Duke William, 44 Bailgate, Lincoln LN1 3AP.

Meet from 12.30pm for lunch at 1pm.

We will need to pre-order from either the main menu or the 2 course lunch menu.

Please note that only card payments are accepted and that there is a small car park to the rear of the pub.

Please let me have your choices by Wednesday 14th October if you wish to attend.

New members are welcome.

Contact: Lynne Murdoch

Leg Stretchers

The **Legstretcher on Wednesday October 28th** will start at the Bromley Arms at Fiskerton NG25 0UL. This Nottinghamshire pub has an impressive location close to the river Trent.

The walk is varied and interesting, with some fine views, and entirely on the level. It should take 70 to 80 minutes for slower walkers to complete. We will place our food orders before we set off at 11am.

If you would like to take part, please let Jean Salmon know by the end of Sunday 25th October, stating if you wish to stay for lunch. It is important that the pub knows a few days in advance how many will be having a meal.

Ukulele aka “Cool Hand Ukes”

Cool Hand Ukes continue meet to play, sing and generally have fun at the Lion and Royal, Navenby, every Monday afternoon from 2pm until 4pm.

For further details please contact Pat Gibson.

Table Tennis



We meet at Brant Broughton Village Hall every Thursday from 1:30 – 4pm, all equipment provided. All welcome and we range from beginners to Olympic standard, but you can find your own level.

We make a charge of £2 to cover the cost of the hall + tea/coffee and biscuits.

Contact: Brenda Dandy

Ramblers

RAMBLE 7th October.

We will be walking from Fulbeck car park opposite the Hare and Hounds pub. The walk is across fields with a long hill back up to the village. Approx 4 miles + If you would like to stay for lunch could you let me know.

Jean Salmon

Breakfast Group

Monday 5th October at Down the Road, Navenby from 9:30am.

Come and give it a try.

New group - Tuition for British Sign Language.

The first 3 meetings have been a great success, and our next meeting will be on Friday 2nd October at the home of Jane Hiscox, 5 Bronze Henge, Navenby, from 2 - 4pm.

The qualified tutor will be Joanne Hunter.

If you wish to join us, please email Jane.

Proposed new group – Photographic - led by Doug Marsh

I will run this for people with all levels of ability and experience, and those who have none, but are wanting to give it a go.

Any camera from Film, DSLR, Bridge or Smart Phone will do.

We can choose different subjects and support and challenge each other to find interesting perspectives of the subjects chosen.

We could organise to go on photo shoots e.g. street photography in Lincoln - a bus trip into town, seek out photo opportunities, meet for lunch to share and get some more inspiration for an afternoon session, before returning.

We could then share our best shots online after processing at home.

Then select the next theme using something such as survey monkey.

I'm planning to run the Group on a Monday.

If you're interested, please contact me (Doug Marsh) or fill in the sheet at the October meeting.

Heads Up - February 18th 2027.

Anyone who listened to the talk on Kew Gardens and would like to visit it at some stage, read on.

We are hoping to get a bus to transport us to the gates at Kew, leaving at 8.30am from Navenby. Journey time 4 hours with comfort stop.

We can then spend 3+ hours in the garden hopefully visiting the orchid display.

Cost around £50 including entrance and transport.

If you are interested can you let Brenda or Jean know. There will be a sheet to sign at the next meeting.

Out & About

Loughborough Bell Foundry – Tuesday 17th November

A guided tour of the bell foundry is planned for Tuesday 17th November from 10:30am-1:30pm, cost £17.50pp.

We did this trip in February 2022, and it was an interesting and enjoyable trip.

We've got a lot more new members since then so I think it's worth repeating.

We shall car-share to Loughborough.

Please email me soon, as the booking is only held for so long.

Brenda Dandy





Guided walk in Woodhall Spa 15/9/26

Gable end mural dedicated to Bomber Command World War II

Harvest Lunch at The Venue Friday 25/9/26



