

Wellingore & District u3a

SEPTEMBER 2026

**Notes from the Chair are from
your future Chairman, Adam Paxton.**



Hello!

In September, after two years, Brenda will be stepping down from the role as chair of the Wellingore U3A. She has asked me to take on the role. I thought I would just write a little note to say hello and to introduce myself to you all. She will be a very difficult act to follow and I am very fortunate that she will be continuing to have a role on the committee and that I have a very enthusiastic supportive team behind me.

I have been retired from my role as a GP for ten years now and I live with my wife in Welbourn. My main interests are hiking, gardening and boardgaming. I have a dog, a border collie, he's seven years old, he's the third we have owned (and the most delinquent/neurotic).

Last year I walked the St.Cuthbert's way and this year I will be walking the Anglesy Coastal Footpath.

My favourite Board game is "Terraforming Mars", although I am very fond of "Tainted Grail" and "Kings of Ruin" and other games by "Awaken Realms".

My leadership style is to be part of a team, to listen to constructed comments and ideas, and obtain consensus where possible. I am looking forward to building on the success of the group and would like to acknowledge and celebrate Brenda's leadership as she steps down.

Thank you

Adam

Monthly Meeting

Place: Wellingore Memorial Hall.

Date: Wednesday 9th September 10:30am A.G.M

Speaker: Gill Walsh: Royal Botanic Kew Gardens

Tea & Coffee available from 10am.

Visit us at: www.wellingore.u3asite.uk

Facebook@wellingoreu3a

SPEAKER SCHEDULE 2026

Every 2nd Wednesday of the month at Wellingore Memorial Hall.

October: Roland Johns: Emergency Blood Bikes

November: Kathy McAteer: Happy Unorthodox Christmas

December: John Campbell: Close Encounters of the Ecclesiastical Kind

January: Paul Lillie: The Beatles

February: Horace Liberty -The Life and Work of John Betjeman

March: Charles Hanson - Antiques

April: Paul Robinson: Cold War-Hot Wars - Bomber Command in the Post-War Period

May: Dr Abby Gillespie: Understanding Memory, Cognitive Health & Capacity

June: Dave Pinion - My Amazing Journey to Antarctica

Interest Group News

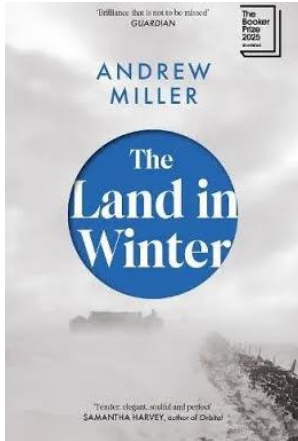
Board Games Group

The meeting dates for September are 1st, 15th and 29th from 2- 4pm at 3, Bronze Henge, Navenby.

New members welcome.

Contact Brenda Dandy if you require any information.

Book Group 1

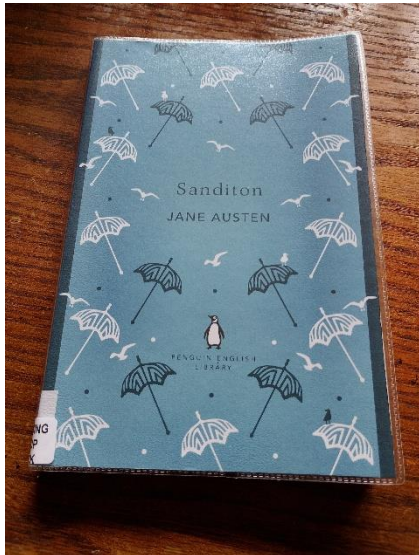


At our August meeting we had a lively discussion about Colm Toibin's "Brooklyn", and it highlighted to me the pleasure of belonging to a book group, as each reader sees a book from a different, sometimes very different, perspective. Afterwards a number of us stayed on for dinner at the pub. A good evening.

Our book for the September meeting is "This Land in Winter" by Andrew Miller. We'll meet at 6pm at The King's Head, Navenby on 10th September.

Contact: Helen Gibb

Book Group 2



Our August read was "Little Women" by Louisa May Alcott, which generated some interesting discussion on whether today's teenagers would read the book or indeed find it relevant to life today. Most of us had read it before in our youth and enjoyed it and found the revisit was seeing it from a different angle (a good description of American life around the Civil War)

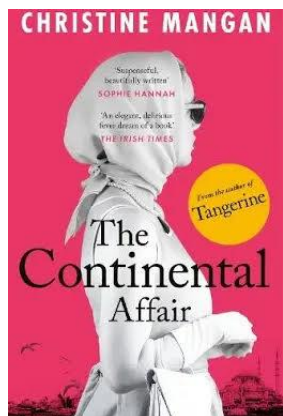
Our next meeting will be on Monday 21st September at 3.15 pm in Navenby Methodist Hall and our Book Choice is "Sanditon" by Jane Austen

£2 includes hire of the Hall, tea and biscuits. The 2 spaces have now been filled and I have a waiting list.

Happy Reading!

Kathy Blake

Book Group 3



For the September meeting we are reading: “The Continental Affair” by Christine Mangan.

We are choosing our own books from members suggestions, which means that each person has to source their own copy i.e. either buy them – on kindle/physical(new or second hand) or order them from the library.

We normally meet on the 2nd Monday of the month 2-4pm for the time being at some members homes.

Our next meeting is on Monday 14th September at 24 Grantham Rd, Navenby

We could do with a few more members - there is no compulsion to host a meeting as we appreciate not everyone has room, so please don't let that put you off.

If you wish to know more details please contact me.

CONTACT: Celia Goldberg

Craft Group

There will not be a meeting in September.

The next meeting will be on the 1st of October 2-4 pm at Coddington.

Below are 2 links containing the 2 letters we received from the NHS - ULH – United Lincolnshire Hospitals at Lincoln County Hospital, Maternity Wing, and ULTH - United Lincolnshire Teaching Hospitals – Dementia Support Unit.

If you left click on each link it will probably ask you if you wish to open the document. I scanned the original letters and have found it difficult to make them user friendly. I can email them to individuals, if necessary, **please let me know – John Dandy.**



Wellingore u3a Craft
Group letter 1 - 15th /



Wellingore u3a Craft
Group letter 2 - 15th /

Contact Gloria Hill for further information.

Discussion Group

The Discussion Group will meet on Monday 28th September to discuss "What does broken Britain mean?"

The meeting will take place at Oslo House, Wellingore, with the kind permission of Jean Salmon. We will commence at 2.30pm.

New members are welcome.

For further details contact Corrine Morris.

Film Group

This month we have seen "The Odyssey" at the Kinema.

Although 3 hours long - it was an excellent film and is to be recommended.

If you wish to join the Film Club email list, please contact Celia Goldberg.

All Things Gardening

All Things Gardening will meet on Tuesday 22nd September to discuss future planting which accommodates the changing weather and to share any seeds you would like to bring.

Time and venue to be advised to members as soon as possible.

Further info from Denise Amps.

Kurling

Wellingore Memorial Hall – Friday 10am – 12noon.

We need to attract a few more members so I'll give you some useful information.

We don't career around on ice, only on the floor of the Memorial Hall. There are few sports as broadly accessible as our version of Kurling. It's a do-able, enjoyable bit of exercise whether you're able bodied or creaking slightly. There's no bending necessary and therefore little grunting, as we have pusher poles.

Come along and try it, nothing ventured, nothing gained. There is a minimal charge to cover the cost of the hall. There's tea/coffee, biscuits, a chat and a laugh.

Dates for September are 11th and 25th.

Contact Brenda Dandy (Kurling for Mo Pike who's recovering from a spell in hospital).

Contact details on the last page.

History Group

The guided walk in Woodhall Spa is now on Tuesday 15th September.

Meet at The Teahouse in the Woods at 10:15am.

Those members who originally paid for the walk postponed from the 25th of June should confirm with Liz Salmon or Ingrid Alsop if they will be joining this walk.

Please contact Liz Salmon or Ingrid Alsop if you would like to join the group.

Luncheon Club

The next lunch will be held on Wednesday 16th September at the Full Moon, Main Street, Morton, near Southwell NG 25 0UT.

Meet from 12.30pm for lunch at 1pm.

We will need to pre-order from either the new Lunch menu or the Dine for Less menu, both of which should be available from the end of August. I will also be receiving copies of the new menus, so if anyone has any problems, then please contact me direct.

Please let Lynne Murdoch have your choices by Monday 14th September if you wish to attend.

New members are welcome.

Contact: Lynne Murdoch

Leg Stretchers

The **Legstretcher on Wednesday September 30th** will start at The Riverside Inn, North End, Farndon NG24 3SX at 11am. The walk is a pleasant stroll on level ground, mostly beside the river Trent. There is one stile only. It should take slower walkers about 75 - 80 minutes to complete the route at a leisurely pace.

Lunch will be at 12.45 at the Riverside, we have been there before and enjoyed it.

If you wish to take part please let Jean Salmon know by the end of Sunday September 27th, stating if you also wish to stay for lunch. It is important that we give The Riverside a few days' notice of how many will be lunching.

Ukulele aka "Cool Hand Ukes"

Cool Hand Ukes continue to meet to play and sing at the Lion and Royal, Navenby, every Monday afternoon from 2pm until 4pm, apart from Bank Holidays.

We are currently sorting out one or two songs to play at the annual Uke Blast, hosted by Stringing Nettles Ukulele Band.

For further details please contact Pat Gibson.

Table Tennis



We meet at Brant Broughton Village Hall every Thursday from 1:30 – 4pm, all equipment provided. All welcome and we range from beginners to Olympic standard, but you can find your own level.

We make a charge of £2 to cover the cost of the hall + tea/coffee and biscuits.
Contact: Brenda Dandy

Ramblers

The **Ramble on Wednesday September 2nd** will start from The New Inn on West Street, Folkingham NG34 0SW at 10.00. The 4.5 mile route will take us to the villages of Pickworth and Walcot, passing through pleasant and interesting scenery.

The New Inn has proved a good place to lunch on previous visits.

If you would like to take part, please let Jean Salmon know by the end of Monday 31 August, stating if you also wish to stay for lunch.

Breakfast Group

Monday 7th September at Down the Road, Navenby from 9:30am.

Come and give it a try.

New group - Tuition for British Sign Language.

The first 3 meetings have been a great success, and our next meeting will be on Friday 2nd October at the home of Jane Hiscox from 2 - 4pm.

The qualified tutor will be Joanne Hunter.

If you wish to join us, please email Jane.

Harvest Lunch Friday 25th September

We shall be celebrating the Harvest and the end of Summer with a Lunch

This will be held at The Venue, Navenby, from 12noon – 3:30pm.

The cost will be £12.50pp for a 2-course meal. Please bring your own wine/drink and glass.

This is already proving to be very popular and currently we have 58 members listed.

Please email Brenda Dandy by Saturday 5th September if you wish to join us.

Payment is required by 12th September on-line or you can pay by cash or cheque at the A.G.M. meeting on Wednesday 9th September

Contact: Brenda Dandy

Out & About

Hodsock Priory, Blyth. Worksop - October

A contemporary floral design installation trail throughout the house.

Demonstrations, catwalk show and retail zone. Food available.

Friday 23rd October, cost £29 plus a contribution for driver.

Leave approx. 9/9.30 am.

Contact Jean Salmon

Heads-Up – Evening at the Dogs

Nottingham Greyhound Stadium – Friday 6th November

They offer a package with a 3-course meal in the glass fronted restaurant with a panoramic view, with full table service and Tote betting at your table, starting at 5:30pm.

The price of £35 includes admission and a race card. I have priced a 34-seater coach which would be £20 a head, total cost £55 per person.

Please email/contact me by 2nd September if you are interested. The stadium will hold the booking until the 3rd September.

Brenda Dandy

Loughborough Bell Foundry – Tuesday 17th November



A guided tour of the bell foundry is planned for Tuesday 17th November from 10:30am-1:30pm, cost £17.50pp.

We did this trip in February 2022, and it was an interesting and enjoyable trip.

We've got a lot more new members since then so I think it's worth repeating.

We shall car-share to Loughborough.

Please email me soon, as the booking is only held for so long.

Brenda Dandy

A great day on the river - Friday 31st July 2026

