

Wellingore & District u3a

AUGUST 2026

Notes from the chair

Keep yourselves informed and up to date. The Monthly Newsletter contains the latest news about:



Upcoming events



Outings



Group News

I appreciate it's not the most riveting read, but it certainly makes more sense and is more uplifting than 95% of what's in the papers or on TV.

For the 2nd half of the year, we have several social events to look forward to – the River Cruise at the end of this month and the Harvest Lunch on September 25th at The Venue. The Christmas meeting in December includes a light lunch, Fizz and a speaker, all free to members.

This is my last Chairman's message as I stand down after the September meeting. Many thanks for your support over the last 2 years.

Brenda

Monthly Meeting

Place: Wellingore Memorial Hall.

Date: Wednesday 12th August 10:30am

Speaker: Kathy Powys - "The Mary Rose: One Moment In Time"
Tea & Coffee available from 10am.

Visit us at: www.wellingore.u3asite.uk

Facebook@wellingoreu3a

SPEAKER SCHEDULE 2026

Every 2nd Wednesday of the month at Wellingore Memorial Hall.

September - Gill Walsh: Royal Botanic Kew Gardens

October - Roland Johns: Emergency Blood Bikes

November - Kathy McAteer: Happy Unorthodox Christmas

December - John Campbell: Close Encounters of the Ecclesiastical Kind

Interest Group News

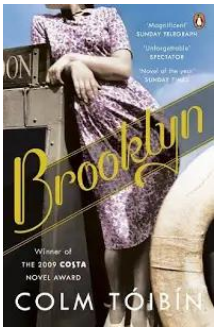
Board Games Group

The meeting dates for August are 4th and 18th and 1st September, from 2- 4pm at 3, Bronze Henge, Navenby.

New members welcome.

Contact Brenda Dandy if you require any information.

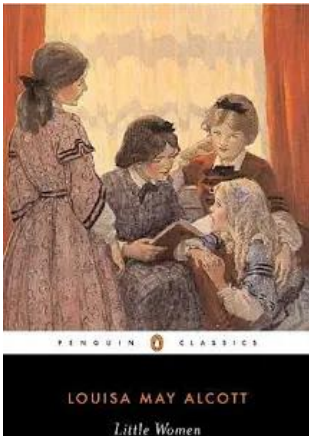
Book Group 1



At our next meeting we will be discussing “Brooklyn” by Colm Toibin. We’ll meet on August 13th at The Kings’ Head, Navenby at our usual time of 6 pm.

Contact: Helen Gibb

Book Group 2



Following an interesting discussion on Big Sky by Kate Atkinson, the group will now read a classic: Little Women by Louisa May Alcott. Our next meeting will be on Monday 17th August at 3.15 pm in Navenby Methodist Hall.

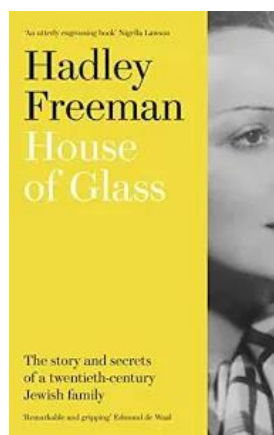
From now on Kathy Blake will be leading this group, liaising with the Library Service and collecting and returning the books. Please contact her directly if you wish to have more information about the group. There is now 1 space in this group.

Many thanks to all for your support - it's been really good fun leading this group.

Liz Carless

For more information, please contact Kathy Blake.

Book Group 3



This month we are reading: “House of Glass” by Hadley Freeman. We are choosing our own books from members suggestions, which means that each person has to source their own copy i.e. either buy them – on kindle/physical (new or second hand) or order them from the library.

We normally meet on the 2nd Monday of the month 2-4pm for the time being at some members homes.

Our next meeting is: Monday 10th August at the home of Gloria Hill
If you wish to know more details, please contact me, Celia Goldberg

Craft Group

Thank you so much to the Craft group who have been very busy over the last few months making Baby Hats and Baby Blankets for Lincoln Hospital, a large Blanket for the Hamlyn Trust in Ethiopia.



They've also been crocheting Jelly Fish for Saint Christophers Special School in Lincoln.

The items were greatly appreciated, and we have received several letters of thanks. If anyone would like to join us our next meeting will be on 6th August 2-4 pm at Coddington.

Contact Gloria Hill for further information.

Discussion Group

The Discussion Group will meet on Monday 24 August to discuss “Mental Health”. The meeting will commence at 2.30pm, in Oslo House, Wellingore, with the kind permission of Jean Salmon.

New members welcome.

For further details contact Corrine Morris.

Film Group

This month we saw Virginia Woolfs’ “Night and Day” which is an interesting film about a woman in the early 20th century trying to get into university to study astronomy. This week we will be seeing the new film "The Odyssey".

If you wish to join the Film Club email list, please contact Celia Goldberg.

All Things Gardening

We will be meeting at 2.30 on Tuesday 25th August. Once again, we will be enjoying a member's garden - this time at Jean Salmons' in Wellingore.

Further info from Denise Amps.

Kurling

Wellingore Memorial Hall – Friday 10am – 12noon.

Kurling dates for August are Friday 14th and 28th.

We enjoy 2 hours on a Friday morning. It is good exercise and we're all friendly.

Please contact Maureen Pike for more details.

Luncheon Group

The next lunch will be held on Wednesday 19th August at the White Horse, 21 Hungate, Lincoln LN1 1ES. Meet from 12.30pm for lunch at 1pm.

We will need to pre-order from the July menu, and the Weekday Lunch Deal is also included. If opting for the latter deal and wishing to share, please advise who you will be sharing with. For anyone wishing for a gluten free option, there are several choices, but the pub suggest that you speak to them direct, if there is any doubt.

There is payable parking available directly opposite the pub and also on Motherby Lane, at the opposite end of this short road.

Please let Lynne Murdoch have your choices by Wednesday 12th August if you wish to attend.

New members are welcome.

History Group

The guided walk in Woodhall Spa is now on Tuesday 15th September.

Meet at The Teahouse in the Woods at 10:15am.

Those members who originally paid for the walk postponed from the 25th of June should confirm with Liz Salmon or Ingrid Alsop if they will be joining this walk.

Please contact Liz Salmon or Ingrid Alsop if you would like to join the group.

Leg Stretchers

The Legstretcher on Wednesday August 26th will start from the Red Lion at Caythorpe NG32 3DN. The walk will start at 11am and will take our slower walkers no more than 90 minutes, probably less. A very pleasant easy walk with the possibility of fine views. The pub will open just before 11am to take food orders for lunch at 12.45.

If you would like to take part, please email Jean Salmon by 23rd August, stating if you want to stay for lunch or just do the walk.

Ukulele aka “Cool Hand Ukes

Cool Hand Ukes continue to meet to play and “sing” at the Lion and Royal, Navenby, every Monday afternoon from 2pm until 4pm.

For further details please contact Pat Gibson

Table Tennis



We meet at Brant Broughton Village Hall every Thursday from 1:30 – 4pm, all equipment provided. All welcome and we range from beginners to Olympic standard, but you can find your own level.

We make a charge of £2 to cover the cost of the hall + tea/coffee and biscuits.

Contact: Brenda Dandy

Ramblers – Wednesday 5th August

Meet in the Hearty Goodfellow car park at 10am (Church Street, Southwell. NG25 0HQ). The walk starts there and follows Easthorpe and along the edge of Westhorpe on good paths. We pick up the Robin Hood Way and head towards Brackenhurst up a steady short incline. We cross the busy A612 and walk for a short distance along the verge, which has been well mown. Good footpaths take us up an incline around the back of Brackenhurst and towards the outskirts of Southwell above the Minster School, with good views across the town. We then head down a good path towards Easthorpe at the end of this circular walk.

It's approx. 4.5 miles and we did it in just under 2 hours.

Please contact me by email if you wish to join the walk. I shall then send the lunch menu for those who wish to stay and please send me your choices by 28th as I have to send the lunch order on the 29th of July.

Brenda Dandy.



July Ramble July 1st around Caythorpe (Nottingham).

Heads-up - SEPTEMBER RAMBLE - WEDNESDAY 2nd September – Details to follow

Breakfast Group

Monday 3rd August at Down the Road, Navenby from 9:30am.

Come and give it a try.

New group - Tuition for British Sign Language.

The first meeting was a great success, and our next meeting will be on Friday 14th August at the home of Jane Hiscox, 5 Bronze Henge, Navenby, from 2 - 4pm.

The qualified tutor will be Joanne Hunter.

If you wish to join us, please email Jane.

Heads-Up - Harvest Lunch Friday 25th September

Following the success of our January lunch at The Venue, the theme will be as in the title, celebrating the Harvest and the end of Summer.

This will be held at The Venue, Navenby, from 12noon – 3:30pm.

The cost will be £12.50pp for a 2-course meal. Please bring your own wine/drink and glass.

Contact: Brenda Dandy