

Wellingore & District u3a

JULY 2026

Notes from the chair.

I hope you are all enjoying this spell of tropical weather, but above all taking care and following the guidelines that are given for all in our age group. It's only using our common sense really, isn't it?

We recently held our Wine Walk hosted by members at 3 houses. We were fortunate to have a fine evening that wasn't too hot. It was a great social event enjoyed by 34 members.

Thanks to all those who have been involved in our Postcard drop advertising our u3a and the next meeting on Wednesday 8th July.

We distributed 1000 cards through doors, over the last few days in Navenby and Wellingore.

Although we have a very successful u3a, I don't believe we can rest on our laurels. We must continue developing and attracting new members with fresh ideas.

Brenda

Monthly Meeting

Place: Wellingore Memorial Hall.

Date: Wednesday 8th July 10:30am

Speaker: Pete Welbourne – The Traditional Baker

Tea & Coffee available from 10am.

Visit us at: www.wellingore.u3asite.uk

Facebook@wellingoreu3a

SPEAKER SCHEDULE 2026

Every 2nd Wednesday of the month at Wellingore Memorial Hall.

August - Kathy Powys - "The Mary Rose: One Moment In Time"

September - Gill Walsh: Royal Botanic Kew Gardens

October - Roland Johns: Emergency Blood Bikes

November - Kathy McAteer: Happy Unorthodox Christmas

December - John Campbell: Close Encounters of the Ecclesiastical Kind

Interest Group News

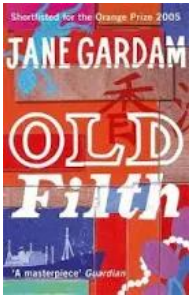
Board Games Group

The meeting dates are Tuesday 30th June, and only 1 meeting in July, Tuesday 21st from 2- 4pm at 3, Bronze Henge, Navenby.

New members welcome.

Contact Brenda Dandy if you require any information.

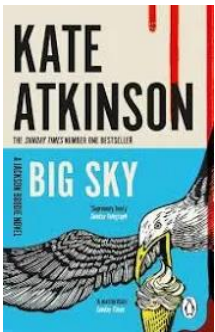
Book Group 1



Our book for July will be Old Filth by Jane Gardam, and we'll meet at The Kings' Head on 9th July at our usual time of 6pm.

Contact: Helen Gibb

Book Group 2

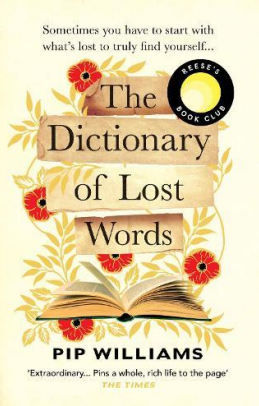


We will meet as usual on Monday 20th July at 3.15 pm in Navenby Methodist Hall, when we will share our views on the Kate Atkinson book Big Sky - another Jackson Brodie mystery.

We currently have space for one more member (or a couple who could share) as we get 12 books in the Readers Groups monthly selection.

For more information, please contact Liz Carless.

Book Group 3



This month we are reading: "The Dictionary of Lost Words" by Pip Williams.

We are choosing our own books from members suggestions, which means that each person has to source their own copy i.e. either buy them – on kindle/physical (new or second hand) or order them from the library.

We normally meet on the 2nd Monday of the month 2-4pm for the time being at some members homes.

Our next meeting is: Monday 13th July at 24, Grantham Rd.

If you wish to know more details, please contact me.

CONTACT: Celia Goldberg

Craft Group

The Craft Group will meet on July 2nd and August 6th from 2 - 4pm at Coddington.
New members welcome.
Contact Gloria Hill for further information.

Discussion Group

The Discussion Group will meet on Monday 27th July at 2.30 pm to discuss "How snobbish are you?" The meeting will be held at Oslo House, Wellingore, with the kind permission of Jean Salmon.
New members welcome.
For further details contact Corrine Morris.

Film Group

This month we saw "Michael" about Michael Jackson's younger life which was a little sad, but if you are or were a fan, definitely worth a watch.
No plans to see anything else at the moment as I have been too busy. Hopefully back in a couple of weeks.
If you wish to join the Film Club email list, please contact Celia Goldberg.

All Things Gardening

We will be meeting at 2.30 on Tuesday 28th July. Once again, we will be enjoying a member's garden - this time at Brenda Dandys' in Navenby.
Further info from Denise Amps.

Kurling

Wellingore Memorial Hall – Friday 10am – 12noon. Kurling dates for July are Friday 3rd and 17th. There will be no Kurling on 31/7 as it's the River Cruise trip.
We enjoy 2 hours on a Friday morning. It is good exercise and we're all friendly.
Please contact Maureen Pike for more details.

Luncheon Group

The next lunch will be held on Wednesday 15th July at the Plough, Main Street, Wilsford, NG32 3NS.

Meet 12pm for lunch at 12.30pm.

Please note the new time on this occasion only.

There is no need to preorder, but there is a maximum of 22 people allowed in the restaurant.

Please let Lynne Murdoch know by Wednesday 8th July if you wish to attend. New members are welcome.

History Group

The guided walk in Woodhall Spa planned for Thursday 25th June had to be postponed owing to the hot weather. We'll notify you when we've set a new date.

Please contact Liz Salmon or Ingrid Alsop if you would like to join the group.

Leg Stretchers

The **Legstretcher on Wednesday July 29** will start from The Generous Briton, Brant Broughton LN5 0RZ at 11am, when the pub will open to take orders for lunch.

This is an easy walk, a classic Legstretcher, mainly on tracks and field paths with no inclines or stiles. The full walk will last about 80 minutes, but there will be points where those who wish, may divert onto a shorter walk back to the pub.

Anyone who would like to join just for lunch will be most welcome, but should let Liz Carless know their intention by email, as should anyone wishing to walk. Please let Liz know by the close of Sunday July 26th so we can inform the pub of numbers.

Meals at The Generous Briton are very good and lunch is booked for 12:45pm

Ukulele aka "Cool Hand Ukes

Cool Hand Ukes continue to meet to play and "sing" at the Lion and Royal, Navenby, every Monday afternoon from 2pm until 4pm.

For further details please contact Pat Gibson

Breakfast Group

Monday 6th July at Down the Road, Navenby from 9:30am.

Table Tennis



We meet at Brant Broughton Village Hall every Thursday from 1:30 – 4pm, all equipment provided. All welcome and we range from beginners to Olympic standard, but you can find your own level.

We make a charge of £2 to cover the cost of the hall + tea/coffee and biscuits.

Contact: Brenda Dandy

Ramblers

Wednesday 1st of July

Please meet 10am at "The Old Vol" pub, 61, Caythorpe Road, Caythorpe, Lowdham, Nottinghamshire, NG14 7EB

Journey time is approximately 50 minutes (A46 from Newark, then take A6097 towards

Worksop and Mansfield. Take a right turn signed Caythorpe and station (before Lowdham itself) and then turn right onto Caythorpe Road just before the railway station).

This 5 mile walk encompasses the villages of Caythorpe and Hoveringham.

Walking is generally on good paths and roads including a grassland section beside the river Trent and there is one stile to negotiate but no hills!

Watch out for 2 pretty, old mills en route.

The pub lunch is 2 courses for £22 or 3 courses for £27 and comes highly recommended.

Please let Barbara Hollis know by Saturday 27th June if you would like to come along and if you will be staying for lunch (so that she can pass numbers on to the pub in good time).

Ramble Wednesday 29th July – Details to follow

New group - Tuition for British Sign Language.

The first meeting was a great success, and our next meeting will be on Friday 3rd July at the home of Jane Hiscox, 5 Bronze Henge, Navenby, from 2 - 4pm.

The qualified tutor will be Joanne Hunter.

If you wish to join us, please email Brenda.

Wine Walk Saturday 20th June.



The Chief Elves arrived at the Wine Walk on Saturday 20th June. As you're aware the Summer Solstice was the following day, but we believe they arrived early because they thought there was free food and wine. As you can see, they soon polished off what they could find.



A comment from Corrine Morris

May I extend sincere thanks to all members of Wellingore U3A that made such significant contributions to ensuring the wine walk was a great success.

Thank you, I had a wonderful evening. Corrine M. x

Heads-Up - Harvest Lunch Friday 25th September

Following the success of our January lunch at The Venue, the theme will be as in the title, celebrating the Harvest and the end of Summer.

More details to follow.

Out & About Group

River Cruise – Friday 31st July



I have now booked the upper deck for 50 people for Friday 31st July. There will be seats on the lower deck for those unable to negotiate the stairs. Boarding time is 12 noon, departing from The River Lodge, Colwick at 12:30 and returning at 15:30.

A meal will be served, the choices being:

Chicken breast

Roast pork loin

Vegetarian Lasagne

Stuffed pepper

Black Forest gateau

A GF option is available.

Boat charter price £28.25pp.

We are subsidising the trip by £3.25 per person so the cost will be £25 a head.

We have hired a coach which will pick up at The Venue from 10:30am leaving at 10:45 and take us to the River Lodge at Colwick.

We need your menu choices by email to Brenda Dandy by Friday 10th July.

We also need payment of £37 per person (£25 for the cruise and meal and £12 for the coach) by Friday 10th July.

You can pay online:

Account: Wellingore & District u3a

Sort Code: 20-50-21

Account Number: 73434052

You can, if you prefer, pay and give your menu choices at the next meeting on Wednesday 8th July. We are obliged to pay in full for the cruise, meal and coach by **14th July.**