

Wellingore & District u3a

JUNE 2026

Notes from the chair.

This month a group visited the National Memorial Arboretum in Staffordshire. It was a memorable visit and at times, moving.



The raised central monument features curved walls of Portland stone engraved with the names of over 16,000 military personnel killed on duty or targeted by terrorists, since 1948. We were fortunate to have the help of a steward who is ex-military, to explain about the memorial and transport some of us to the train. He also explained the thinking of the sculptor, Liam O'Connor, who has done 2 stunning sculptures as part of the memorial. The train (cost £8 per head) operates throughout the day and provides a commentary. The only other standard charge of £5 is for car parking.

It is well worth a visit

Brenda

Monthly Meeting

Place: Wellingore Memorial Hall.

Date: Wednesday 10th June

Speaker: Kenneth Moore - "You'll Fly Laughing"

Tea & Coffee available from 10am.

Visit us at: www.wellingore.u3asite.uk

Facebook@wellingoreu3a

SPEAKER SCHEDULE 2026

Every 2nd Wednesday of the month at Wellingore Memorial Hall.

July - Pete Welbourne - "The Traditional Baker"

August - Kathy Powys - "The Mary Rose: One Moment in Time"

September - Gill Walsh: Royal Botanic Kew Gardens

October - Roland Johns: Emergency Blood Bikes

November - Kathy McAteer: Happy Unorthodox Christmas

December - John Campbell: Close Encounters of the Ecclesiastical Kind

Interest Group News

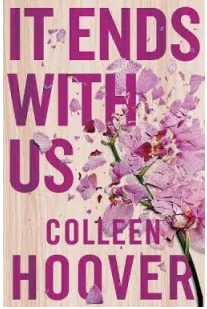
Board Games Group

The meeting dates for June are Tuesday 9th & 23rd from 2- 4pm at 3, Bronze Henge, Navenby.

New members welcome.

Contact Brenda Dandy if you require any information.

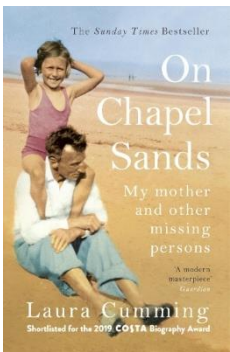
Book Group 1



Our next meeting will be on 11th June and we will be discussing “It Ends With Us” by Colleen Hoover. As usual we’ll meet at The King’s Head at 6pm.

Contact: Helen Gibb

Book Group 2

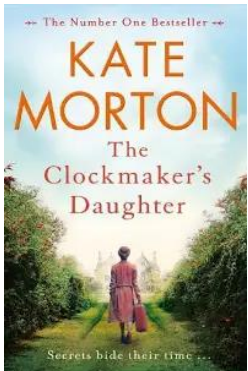


We continue to meet on 3rd Monday of each month in Navenby Methodist Hall.

Our next meeting will be Monday 15th June at 3.15 pm when we will discuss “On Chapel Sands”.

We currently have space for one more member - if you would like to join us. We read a book a month from the County Library Readers' Groups collection. For more information, please contact Liz Carless.

Book Group 3



This month we are reading: “The Clockmaker's Daughter” by Kate Morton. We are choosing our own books from members suggestions, which means that each person has to source their own copy i.e. either buy them – on kindle/physical (new or second hand) or order them from the library. We normally meet on the 2nd Monday of the month from 2-4pm at members’ homes.

Our next meeting is Monday 8th June at Celia Goldberg's. If you wish to know more details contact Celia.

Craft Group

The next meetings of the craft group will be June 4th and July 2nd at Coddington 2-4pm
New members welcome.
Contact Gloria Hill for further information.

Discussion Group

The Discussion Group will meet at 2.30pm on Monday 22nd June at Oslo House, Wellingore, with the kind permission of Jean Salmon. The topic will be "What, if anything, gives you "road rage" when driving or being driven?" What can be done to prevent this behaviour occurring in other drivers?
New members welcome.
For further details contact Corrine Morris.

Film Group

This month we saw "Glenrothan" and "The Devil Wears Prada 2", both of which were enjoyable and easy viewing, which makes a change!
If you wish to join the Film Club email list, please contact Celia Goldberg.

All Things Gardening

All things gardening will meet at 2.30 pm on the 23rd June at the home of another member, Helen Gibb.
We had a fabulous visit to Sheila and Peter Gill's yesterday, 19th May with a good turnout of 14 members in all.
Further info from Denise Amps.

Kurling

Wellingore Memorial Hall – Fridays 10am – 12noon. Kurling dates for June are 5th & 19th.
We enjoy 2 hours on a Friday morning. It is good exercise and we're all friendly.
Please contact Maureen Pike for more details.

Luncheon Group

The next lunch will be held on Wednesday 17th June at the Unicorns Head, Main Street, Langar NG13 9HE.
Meet from 12.30pm for lunch at 1pm.
We will need to pre-order from the summer à la carte or fixed price menus, which should be available from the beginning of June. Please let Helen have your choices by Wednesday 10th June. New members are welcome.
Please contact Helen Gibb.

History Group Please contact Liz Salmon or Ingrid Alsop if you would like to join the group.

Leg Stretchers

The **Legstretcher** on Wednesday June 24th will start and finish at **The Joiners Arms, 21 High Street, Welbourn, LN5 0NH**. This pub does not normally open on Wednesday but has obligingly agreed to do so on this occasion, so a good turnout would be much appreciated. Parking can be in the pub car park or on the road outside.

We will meet at 11am to place orders for lunch and use the facilities if needed. Based on past experience, food at The Joiners is very good, and a special menu will be offered.

This is a gentle walk, almost entirely on level ground apart from two short but fairly steep inclines to access the old railway embankment, plus a flight of 20 steps up. For the slopes and the steps some people would benefit from walking poles. The steps and one of the inclines can be avoided, if required, without adding any extra distance to the walk. There are no stiles. This is a new walk and a new lunch destination for a Legstretcher.

Part of the route will follow the line of the railway that closed in the 1960s. If you would like to take part, please let Liz Carless know by the end of Sunday 21st June, stating if you wish to stay for lunch. Lunch in this welcoming pub will be at 12.45.

We are hoping at least ten people will take part in order to justify the pub's opening just for us.

Ukulele aka "Cool Hand Ukes

Cool Hand Ukes continue to meet to play and "sing" at the Lion and Royal, Navenby, every Monday afternoon from 2pm until 4pm.

For further details please contact Pat Gibson

Table Tennis

We meet at Brant Broughton Village Hall every Thursday from 1:30 – 4pm, all equipment provided. All welcome and we range from beginners to Olympic standard, but you can find your own level.

We make a charge of £2 to cover the cost of the hall + tea/coffee and biscuits.

Contact: Brenda Dandy

Ramblers

Wednesday June 3rd from King's Head Navenby.

We will meet at 10am for an approx. 5 mile walk. We will be able to order lunch and access the toilets before we set off.

If you would like to join us please let me know by Saturday 30th May.

If you would like more details they will be available after the recce has been done sometime in the following week. Contact: Celia Goldberg

New group - Tuition for British Sign Language.

Our first meeting will be on Friday 19th June at the home of Jane Hiscox, 5 Bronze Henge, Navenby, from 2-4pm. The qualified tutor will be Joanne Hunter.

If you wish to join us please email Brenda.

Breakfast Group

Monday 1st June 9:30am at Down the Road in Navenby. Under relatively new ownership, come and give it a try.

Heads-Up - Harvest Lunch - Friday 25th September

Following the success of our January lunch at The Venue, the theme will be as in the title, celebrating the Harvest and the end of Summer.

More details to follow.

Wine Walk Saturday 20th June.



We have now firmed up the evening as follows:

We will start at 5:30pm on Saturday 20th June. There will be 3 venues within close proximity, see the map. Please note that if you park at The Venue there is a path shown on the map that takes you through to Doncaster Gardens.

We are limiting the number to 30 max., and we shall need to know if there are any dietary requirements.

The countries represented are France and Chile, providing food and wine typical of that country.

We will split into groups to visit each of the 2 venues in turn. Then we will all congregate at venue 3 for desserts for the finale.

It may be that you can park cars at The VENUE as it's fairly handy for all 3 venues. Be aware that they may have an event on and limited spaces.

The cost will be £18 per person to include food and a glass of wine at each house. Additional wine can be purchased at £3 per glass.

The finer details will be emailed to you nearer the time.

Please bring your own glass.

We have 2 spaces available.

Please email Heather Ostacchini if you are wanting to join us. Thank you for your support.

Out & About Group

Bempton Cliffs, Bridlington – voyage to see the birds, life rafts provided.

The provisional date is 26th June. We will travel to Bridlington by car.

Email/ring Brenda if you wish to join us.

There will also be a list for names at the June meeting.

River Cruise – Friday 31st July



I have now booked the upper deck for 50 people for Friday 31st July.

There will be seats on the lower deck for those unable to negotiate the stairs.

Boarding time is 12 noon, departing from The River Lodge, Colwick at 12:30 and returning at 15:30.

A meal will be served, the choices being;

Chicken breast
Roast pork loin
Vegetarian Lasagne
Stuffed pepper

Black Forest gateau

A GF option is available.

Boat charter price £28.25.

As we made a profit last year we are subsidising the trip by £3.25 per person so the cost will be £25 a head.

The u3a will be paying a non-refundable deposit by 26th May and the full amount has to be paid by 14th July.

Your response would be appreciated as soon as possible. As of today we have 50 and numbers will be limited.

We can look into the cost of a bus, otherwise we shall car-share to the event.

A note from Peter Gill u3a member

I'm gearing up for the Tour de 4 2026 in September in Glasgow, a cycling event inspired by Sir Chris Hoy's journey after his Stage 4 cancer diagnosis.

This event is more than just a ride; it's a powerful statement that a diagnosis doesn't define us. It's about showing strength, resilience, and determination in the face of adversity. Having recently celebrated my 80th birthday, I see this as my final cycle, but I'm committed to supporting this cause in any way I can.

Thanks to the incredible trainers at Belton Woods Hotel leisure in Grantham, I've been able to prepare for this challenge. Their support has been invaluable, and I'm grateful for their encouragement.

All funds raised will go directly to Prostate Cancer UK, an organization dedicated to supporting those affected by Stage 4 cancer.

If you're able to contribute it would mean the world to me.

<https://gofund.me/b36aba5e7>

Every donation helps provide vital care and support to those who need it most.