

Wellingore & District u3a

MAY 2026

Notes from the chair.

One of the functions of the chairperson is to look to the future.

Mine focuses on strengthening our community spirit. We need to endeavour to practice this and share with our members.

Our activities are inclusive and should we fall short please speak up. Is there more we can do to encourage everyone to join in where they can? We have so much in common and so many life experiences yet we have the simple pleasures of just pausing and smelling the roses and other flowers.

We are starting another year so please tell your friends and neighbours about us.

Join a group or form a new one – the proof of the pudding....., become a committee member and promote your ideas.

Make more friends and above all, learn, laugh, love and live.

Brenda

Monthly Meeting

Place: Wellingore Memorial Hall.

Date: Wednesday 13th May

Speaker: Philip Caine - "Barrow to Baghdad"

Tea & Coffee available from 10am.

Visit us at: www.wellingore.u3asite.uk

Facebook@wellingoreu3a

SPEAKER SCHEDULE 2026

Every 2nd Wednesday of the month at Wellingore Memorial Hall.

June - Kenneth Moore - "You'll Fly Laughing"

July - Pete Welbourne - "The Traditional Baker"

August - Kathy Powys - "The Mary Rose: One Moment in Time"

September - Gill Walsh: Royal Botanic Kew Gardens

October - Roland Johns: Emergency Blood Bikes

November - Kathy McAteer: Happy Unorthodox Christmas

December - John Campbell: Close Encounters of the Ecclesiastical Kind

Interest Group News

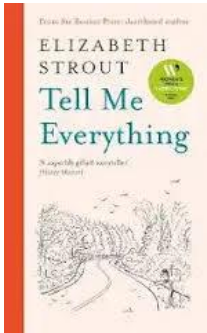
Board Games Group

The meeting dates for May are Tuesday 12th & 26th from 2- 4pm at 3, Bronze Henge, Navenby.

New members welcome.

Contact Brenda Dandy if you require any information.

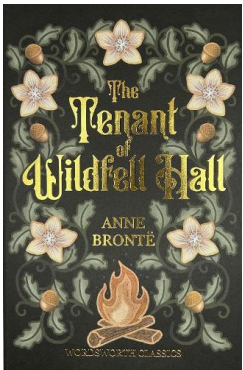
Book Group 1



Our next meeting will be on 14th May and we'll be discussing Tell Me Everything by Elizabeth Strout. As usual we'll meet at The Kings Head, Navenby at 6pm.

Contact: Helen Gibb

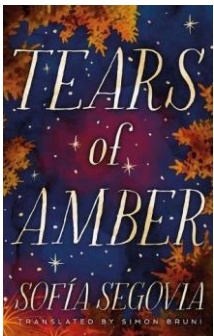
Book Group 2



We continue to meet on 3rd Monday of each month in Navenby Methodist Hall. Our next meeting will be Monday 18th May at 3.15 pm when we will discuss The Tenant of Wildfell Hall by Anne Brontë. We currently have space for one more member, if you would like to join us as we read a book a month from the County Library Readers' Groups collection.

If you would like to know more, please contact Liz Carless.

Book Group 3



Our next meeting is on Monday 11th May at Jean Salmons when we are reading "Tears of Amber" by Sofia Segovia.

We are choosing our own books from members suggestions, which means that each person has to source their own copy i.e. either buy them – on kindle/physical (new or second hand) or order them from the library.

We normally meet on the 2nd Monday of the month from 2-4pm at members' homes.

If you wish to know more details, please contact me.

Contact: Celia Goldberg

Craft Group

The next craft group meeting will be on May 14th from 2-4pm.
There will not be a meeting in June.

New members are most welcome.
Contact Gloria Hill if more information is required.

Discussion Group

The Discussion Group meeting will be held on Monday 25 May at 2.30pm. It will take place at Oslo House, Wellingore with the kind permission of Jean Salmon and the topic will be: "What would you change if you were Prime Minister?"

New members welcome.
For further details contact Corrine Morris.

Film Group

This month we have seen "Midwinter Break" at the Kinema which left us all thinking why!

Also saw "Glenrothan" at the Odeon, Lincoln, which was a lovely film making us all want to visit Scotland.

If you wish to join the Film Club email list, please contact Celia Goldberg.

All Things Gardening

Our May meeting will be a change from our usual 4th Tuesday. We are looking forward to 2.30pm on the 19th when we will meet at the garden of our members Sheila and Peter Gill.

Further info from Denise Amps.

Kurling Wellingore Memorial Hall – Fridays 10am – 12noon.

Kurling dates for May are 8th and 22nd.

We enjoy 2 hours on a Friday morning. It is good exercise and we're all friendly.

Please contact Maureen Pike for more details.

Luncheon Group

The next lunch will be held on Wednesday 20th May at the Riverside, North End, Farndon NG24 3SX.

Meet from 12.30pm for lunch at 1pm.

We will need to pre-order from the all day or fixed price menus.

Please let me have your choices by Saturday 16th May.

New members are welcome.
Please contact Lynne Murdoch.

History Group

We have a couple of spaces still available for the trip to Nottingham castle and caves in May.

Please contact Liz or Ingrid if you would like to join the group. Details below from last month's Newsletter.

History group trip to Nottingham Castle and Caves Thursday 21st May 2026.

We have booked a trip to Nottingham Castle and caves.

The tour starts at 11.00 am and we are advised to arrive between 10.00-10.30 in order to process to the cave tour waiting room.

The cost is £15.00 castle admission plus £8.00 for the tour.

There are restaurants on site and an ancient cave pub nearby adjacent to the site.

The underground tour is not suitable for people with disabilities. (There are many steps but fortunately going only downhill!) The castle building museum and restaurants are accessible.

The cave tours allow you to hear the tales beneath the depths of Nottingham Castle.

This cave tour allows you to see Mortimer's hole or King David's Dungeon.

Travel is available by train direct line from Newark or Collingham with a ten-minute walk to the castle along the canal side.

We have just 20 places available and at present there are six left following the last group meeting.

If you are interested, please contact Ingrid or Liz for further information.

Please contact Liz or Ingrid if you would like to join the group on future visits.

Leg Stretchers

The Legstretcher on Wednesday May 27th will start from the Plough in Nettleham, LN2 2NR, where we will meet at 11am to place our food orders. Lunch will be at 12.45.

There are no stiles and this is a gentle walk, mostly on level ground. This is an enjoyable walk we have done previously and the lunch venue is good. Most of the route is off – road paths and tracks, but there is some walking by minor roads and a short section next to the A46.

If you would like to take part, please let Liz Carless know by the end of Saturday 23rd May, stating if you intend staying for lunch.

Ukulele aka “Cool Hand Ukes

Cool Hand Ukes continue to meet to play and “sing” at the Lion and Royal, Navenby, every Monday afternoon from 2pm until 4pm.

For further details please contact Pat Gibson

Table Tennis

We meet at Brant Broughton Village Hall every Thursday from 1:30 – 4pm, all equipment provided. All welcome and we range from beginners to Olympic standard, but you can find your own level.

We make a charge of £2 to cover the cost of the hall + tea/coffee and biscuits.

Contact: Brenda Dandy

Ramblers

The ramble on Wednesday 6th May at 10am will start at the Red Lion, 62 High Street, Caythorpe NG32 3UD.

Join us for a 5 mile walk, with beautiful views across the valley.

Please let Lynne know if you are coming by Friday 1st May and if you will be staying for lunch.

Contact: Lynne Murdoch

Photos below of some of our members who survived the last foray into the wilds of Lincolnshire on the 1st April.



Contact: Lynne Murdoch

Proposed new group

Tuition for British Sign Language.

We have enough interest to proceed with the group.

If you wish to join us, please email Brenda.

Breakfast Group

Monday 4th May from 9:30am at Down the Road in Navenby. Under new ownership, come and give it a try.

Heads-Up - Harvest Lunch Friday 25th September

Following the success of our January lunch at The Venue this will follow the theme as in the title, celebrating the Harvest and the end of Summer.

More details to follow.

Wine Walk Saturday 20th June.



We have now firmed up the evening as follows:

We will start at 5:30pm on Saturday 20th June.

There will be 3 venues within close proximity, see the map above. Please note that if you park at The Venue there is a path shown on the map that takes you through to Doncaster Gardens.

We are limiting the number to 30 max., and we shall need to know if there are any dietary requirements.

The countries represented are France and Chile, providing food and wine typical of that country.

We will split into groups to visit each of the 2 venues in turn. Then we will all congregate at venue 3 for desserts for the finale.

It may be that you can park cars at The VENUE as it's fairly handy for all 3 venues. Be aware that they may have an event on and limited spaces.

The cost will be £18 per person to include food and a glass of wine at each house. Additional wine can be purchased at £3 per glass.

The finer details will be emailed to you nearer the time.

Please bring your own glass.

Please email Heather Ostacchini if you are wanting to join us.

Thank you for your support. We are now at our limit of 30, but if you wish to go on the back-up list in case of cancellation, please email.

Out & About Group

National Memorial Arboretum

We're planning a visit to the Arboretum on May 15th. The address is National Memorial Arboretum, Croxall Road, Alrewas. Staffordshire DE13 7AR. Tel: 01283 245100.

They have a good web site with plenty of information. The staff on site are very helpful. It is free entry, but we do have to pay for car parking. Book your space on-line, which is £5, or £8 on the day.

10am – 5pm daily.

You can hire mobility scooters and there is a mini train that circulates the grounds, which are extensive. (**Advisory:** Map, Compass, K Rations etc. etc.)

Distance from Navenby 78 miles.

Please ring/email Brenda if you are interested. There will be a list for names at the May meeting.

Bempton Cliffs, Bridlington – voyage to see the birds, life rafts provided.

The provisional date is 26th June. We will travel to Bridlington by car.

Email/ring Brenda if you wish to join us.

There will also be a list for names at the May meeting.